



Positive Communication Tips

Face coverings and protective screens muffle speech
and obstruct facial clues

Effectively we *all* have hearing and vision loss just now

Please give each other time to absorb and process
information

These things can help:

- ✓ Face the person when speaking
- ✓ Speak clearly and more slowly
- ✓ Gestures can help
- ✓ Re-phrase if you can
- ✓ Lower your face covering if it is safe to do so
(consider having a clear visor to hand)
- ✓ Write things down clearly
- ✓ Try a speech-to-text app on your mobile to
transcribe

For more information contact: positivepebbles@gmail.com

Supported by:

Tweeddale Access Panel
(Scottish Charity No. SC039279)

