

## Tweeddale Area Partnership

| <b>Draft Locality Plan – Health, Care &amp; Wellbeing</b>  |  |   |
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| <b>Priority</b>  | <b>Success</b><br>What would success look like? (Measures)   | <b>Partnership</b><br>How can we work in partnership together?  |
| <b>To improve the availability, accessibility and connections to services for people living in rural areas and towns across the Tweeddale area to reduce loneliness and social isolation</b> | <ul style="list-style-type: none"> <li>- Decrease in people presenting to GPs and hospitals</li> <li>- More people staying at home longer</li> </ul>   | <ul style="list-style-type: none"> <li>- Build on the Mens Sheds – there is data available that could brought into the plan. Consider the model that South Lanarkshire have for a ‘Mobile Mens Shed’</li> <li>- Develop key groups that people would like to use – mental health &amp; wellbeing (these don’t need a lot of resource)</li> <li>- Build on the work that the Churches are doing</li> <li>- Develop further What Matters Hubs</li> <li>- Schools/Community Schools – should do more to involve and welcome the wider community – schools are community assets</li> <li>- Communication should be a key focus and a plan should be developed around this.</li> <li>- Increase the opportunities to use digital technology.</li> <li>- Need an on-line resource for events and activities and this should tied in with the What Matters Hubs</li> <li>- Build on the Rickshaws – cycling without age – viewed as a huge success.</li> <li>- Build on coffee mornings and lunch clubs</li> </ul> |
| <b>Increase the availability of locally based rehabilitation services</b>  | <ul style="list-style-type: none"> <li>- Develop an independence measure</li> <li>- Shorter hospital stays</li> </ul>  | <ul style="list-style-type: none"> <li>- Developing more hospital to home support and services</li> </ul>   |
| <b>Increase the range of care and support options available (across the locality) to enable people to remain in their own homes and communities</b>  |  | <ul style="list-style-type: none"> <li>- Build on the child fostering model but for older people</li> <li>- Develop intergenerational solutions</li> </ul>  |
| <b>Increase the range of housing options available across the locality and plan for future housing needs</b>   | <ul style="list-style-type: none"> <li>- Increase in affordable and accessible housing</li> <li>- Increase in assisted living in the right place</li> </ul>  | <ul style="list-style-type: none"> <li>- Some key existing plans and pieces of work are already driving this forward.</li> <li>- There is a lack of clarity of joined up future vision for housing in Tweeddale – this should be a focus</li> </ul>   |
| <b>Improve support for unpaid carers</b>   | <ul style="list-style-type: none"> <li>- Higher proportion of people knowing about Attendance Allowance</li> <li>- Respite is really important and emergency backup</li> <li>- Wider choice organisations that can provide support/help</li> </ul> | <ul style="list-style-type: none"> <li>- Can we identify young carers in school?</li> <li>- Raise awareness in the community and in professions of the importance of identifying carers.</li> <li>- Opportunity to develop a creative solution around support.</li> </ul>   |

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| <b>Improve transport networks and connections to allow access to services</b>  |  | <ul style="list-style-type: none"><li>- Need to develop local solutions</li><li>- There is a willingness to work collectively together (Health, Third Sector etc) but funding is the barrier</li><li>- Need a modern, accessible, shared approach to transport – build on tweed Wheels.</li><li>- Look at social prescribing and social enterprise- must be sustainable</li></ul> |
| <b>Develop intergenerational community hubs</b>  |  | <ul style="list-style-type: none"><li>- Schools/Community Schools – should do more to involve and welcome the wider community – schools are community assets</li></ul>  |
| <b>Other points:</b> <ul style="list-style-type: none"><li>- Should be clearer that loneliness and social isolation is not just older people</li><li>- Early intervention is key and some focus should be on preventative services</li><li>- Culture &amp; social is important – not clear from the priorities</li><li>- The key priority needs to reflect an improvement in health and wellbeing.</li></ul> |  |   |